



STANDARD PROGRAM OUTLINE

LEVEL 1 IS CHA'S BEGINNING LEVEL

Upon completion of Level 1, a student is confident riding a well schooled horse at the walk and trot with good position and control.

LEVEL 1

INCLUDES:

- Safety rules
- Mounting and dismounting
- Basic position
- Control of the horse at the walk and trot
- Sitting the trot or jog
- Posting
- Balance position (standing)
- Basic trail rules for trail rides

THE HORSE SENSE SECTION COVERS:

- Approaching
- Haltering and leading
- Basic grooming
- Saddling and bridling
- Parts of the horse and tack

Teaching Level 1 requires confident lesson organization skills, acute safety awareness, and effective teaching methods, as the students are inexperienced and often the youngest riders. Many group riding programs find the majority of their riders to be at this level.

LEVEL 2 BUILDS UPON LEVEL 1

An accomplished Level 2 student is confident riding a well schooled horse at all three gaits with good position and control.

LEVEL 2

WORKS ON:

- Improving balance of the horse and rider
- Beginning the canter or lope
- Introductory Western patterns and obstacles
- Introduction to jumping (English) including pre-jumping exercises and the first jump
- Introduction to trail obstacles and conditions
- Trotting on the trail

THE HORSE SENSE SECTION COVERS:

- More horse behavior
- Colors and markings
- Terminology
- Horse breeds

Instructors at Level 2 must have strong lesson organization and group control, as the students will often be moving at faster gaits and learning skills that may have potential for greater risk. It is essential that the instructor have correct technical knowledge of these activities.

